

Post-intensive Care Syndrome Questionnaire (PICSq)

- English ver. -



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Citation

- ✓ Jeong, Y. J., & Kang, J. (2019). Development and validation of a questionnaire to measure post-intensive care syndrome. *Intensive and Critical Care Nursing*, 55, 102756.

Instructions

- ✓ 18 items, 3 factors (Item No. 1~6 = Cognitive, 7~12 = Physical, 13~18= Mental).
- ✓ A 4-point Likert-type scale was used to measure PICS (0 = Never ~ 3 = Always).
- ✓ A high score means a severe degree of post-intensive care syndrome.

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Post-intensive Care Syndrome Questionnaire (PICSq)
(English version)

The following is a list of new or worsening problems that may arise after treatment in intensive care unit. Please mark the extent to which you have experienced the following problems since discharging the intensive care unit.

0: Never 1: Sometimes 2: Most often 3: Always

No.	Items	0	1	2	3
1	It's hard to memorise numbers.	0	1	2	3
2	People around me say that I repeat what I said before.	0	1	2	3
3	It is hard for me to find the way.	0	1	2	3
4	I cannot concentrate on reading.	0	1	2	3
5	Money management is difficult.	0	1	2	3
6	I am confused with date or time.	0	1	2	3
7	My joints are stiff.	0	1	2	3
8	My hand grip is weak.	0	1	2	3
9	I can hardly climb the stairs.	0	1	2	3
10	My sexual performance has deteriorated.	0	1	2	3
11	I get tired easily.	0	1	2	3
12	I feel sick everywhere in my body.	0	1	2	3
13	My heart is stuffy.	0	1	2	3
14	I have nightmares.	0	1	2	3
15	I am worried.	0	1	2	3
16	I am annoyed or angry.	0	1	2	3
17	I am easily startled.	0	1	2	3
18	I have no hope.	0	1	2	3

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